

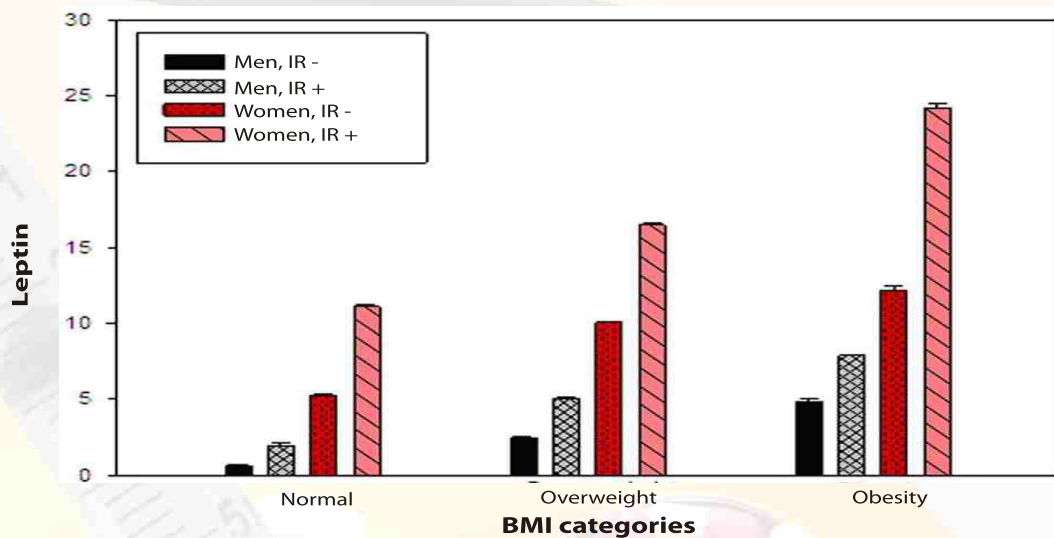


Serum Leptin

A good marker for identifying
Insulin- Resistant Diabetes & Cardiovascular Risk

Leptin and Insulin Resistance:

- A significant higher level of leptin was found in insulin resistant subjects compared to the subjects without the condition at the same level of obesity in both gender



Leptin and Cardiovascular Risk:

- Leptin plays an important role in the development of Hypertension in Indian population.

Indian Heart J. 2012 Jan-Feb;64(1):35-9.

- Elevated serum leptin, particularly in obese individuals, is a warning sign of energy imbalance, poor diet, hyperinsulinemia, insulin resistance, or changes in other metabolic risk factors that are strongly associated with cardiovascular disease and type 2 diabetes.

Rev Port Cardiol. 2012 Nov;31(11):711-9.