Ref: MHL/Sec&Legal/2019/38

To,

Head, Listing Compliance Department BSE Limited

Phiroze Jeejeebhoy Towers, Dalal Street, Mumbai - 400 001

Scrip Code:542650

Head, Listing Compliance Department National Stock Exchange of India Limited

Date: October 01, 2019

Exchange Plaza, Plot No. C/1. G Block, Bandra -Kurla Complex, Bandra (East), Mumbai – 400051

Script Symbol: METROPOLIS

Dear Sir/Madam,

Sub: Intimation of Trading Window Closure.

This is to inform you that in compliance with the requirements of Clause 4 of Schedule B to the SEBI (Prohibition of Insider Trading) Regulations, 2015, and the Metropolis Healthcare Limited Code of Fair Disclosure for Prevention of Insider Trading, the Trading Window for dealing in Equity Shares of the Company shall remain closed for all Designated Persons with effect from October 1, 2019 till 48 hours after the declaration of financial results of the Company for the quarter ended September 30, 2019.

The date of Board Meeting for approval and declaration of financial results for the quarter ended September 30, 2019 will be intimated in due course.

You are requested to take the above information on record.

Thanking you,

Yours faithfully

For Metropolis Healthcare Limited

Loyant Prakarl

Jayant Prakash

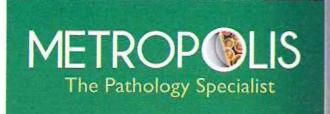
Head Legal, Company Secretary & Compliance Officer

Membership No.: F6742

Address: Metropolis Healthcare Limited, 250 D, Udyog Bhavan, Hind Cycle Lane,

Worli, Mumbai - 400 030





INNER HEALTH REVEALED