

Soul to Soul

Soul-to-Soul is a premarital fitness check-up package that tests your conjugal profile in complete privacy. Ascertain your health as a couple, be informed of corrective measures if any, minimize risk of hereditary disorders like Thallasaemia and basically shed your major premarital health worries.

At just **Rs. 1350/-** for individuals and **Rs. 2500/-** for couples, **Soul-to-Soul** includes customized tests for screening abnormal Hb related disorders that could be transmitted to the progeny & incidence of infectious & blood transmitted diseases. For those who prefer the privacy and comfort of their homes, we also offer **Home Health Services** at really special rates.

Here's your chance to make your marriage happier even before it begins. Safeguard your health and those of your future generations' by going for a **Soul-to-Soul check-up today!**

Metropolis is India's only multinational chain of diagnostic centres with a presence in Bangladesh, Mauritius, Nepal, Nigeria, South Africa, Sri Lanka & UAE. In addition to 55 laboratories all across the world, it is also connected to the whole of India through a network of 350+ authorized collection centres.

Metropolis' group laboratories are certified by national & international bodies like ISO, NABL and CAP (The College of American Pathologists). These certifications affirm Metropolis's commitment to maintain global quality standards, to perform specific type of tests and to provide accurate & reliable results.



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Because weddings last a day,
but marriages last a lifetime.

Soul to Soul

Pre-marital health check



Below are a few frequently asked questions related to pre-marital health check-ups. These FAQs will help you understand the benefits of the **Soul-to-Soul** package better.

Soul-to-Soul is designed to create awareness and help you take appropriate precautionary measures in order to prevent further complications.

Soul-to-Soul is a specially constructed package that includes screening for several conditions at a special price of **Rs. 1350/-** for individuals and **Rs. 2500/-** for couples.

What is pre-marital screening?

Pre-marital screening consists of a group of tests meant to be done before marriage. The tests will help identify potential health problems amongst prospective life partners. It will also help to detect some of the hereditary conditions, chronic infectious diseases.

Why is pre-marital screening important?

Many people are not aware of their state of health. An individual might look healthy but he/she may have undetected health problems or be a silent carrier of infectious and/or hereditary diseases. Pre-marital screening can reveal such conditions so that necessary precautions or treatments can be initiated.

What does pre-marital screening help to detect?

- It detects presence of chronic infectious diseases e.g. HIV and Hepatitis B infections.
- It screens for common hereditary conditions that may affect future offspring e.g. Thallasaemia

Is it mandatory to perform pre-marital screening?

No, it is not mandatory to perform pre-marital screening. However, it is an essential safeguard for your health as well as the health of your prospective spouse and children.

Is the **Soul-to-Soul** package available through Home Health Service?

Yes. Because we understand and respect your need for privacy.

Is the **Soul-to-Soul** package only for couples?

There are packages available for both individuals and couples.

How much time will it take for the health check-up?

The duration of the check-up may be 30 minutes from the time of arrival at the centre or from the time of arrival of the technician at your residence.

Are the results confidential?

Yes, the results are kept confidential and only the person screened is entitled to the information.

Do we have to sign a consent form for HIV Screening?

Yes, this is as per the Government regulations.

What are the limitations?

All pathological tests have limitations and the screening is done only for limited disorders.

The **Soul-to-Soul** package covers:

| TESTS | SIGNIFICANCE |
|-----------------------------|---|
| HIV Duo | This is used as a screening test for HIV infection. |
| HBsAg | This is the earliest indicator of acute hepatitis B infection. |
| Anti HCV | This test is important to determine if you have been exposed to hepatitis C virus, such as through contact with infected blood, or are at risk of getting infected. |
| Abnormal Hemoglobin Studies | These tests are useful to screen abnormal Hemoglobin disorders such as thallasaemia and sickle cell disease. These tests identify the type of hemoglobin in the red blood cell. An abnormal hemoglobin does not necessarily indicate the presence of a disease. But if you have this trait it will be important to have your prospective life partner tested so that both of you are aware of your offspring's hemoglobin type. |

Would you prefer these tests to be done in the comfort and privacy of your home?

No problem. Just give us a call and our trained technicians will be at your doorsteps to collect the samples. Our **Soul-to-Soul** package is available through Home Health Services at the special rates of **Rs. 1500/-** for individuals & **Rs. 2750/-** for couples.